

# ANALISI DI MEDIAZIONE 2

Resilienza - STRESS - COPING

## Parameter estimates

### Direct effects

						95% Confidence Interval		
		Estimate	Std. Error	z-value	p	Lower	Upper	
res_mean	→	SU_mean411	-0.009	0.092	-0.101	0.920	-0.189	0.170
res_mean	→	ES_mean515	-0.052	0.092	-0.569	0.569	-0.232	0.128
res_mean	→	IS_mean1023	-0.113	0.092	-1.232	0.218	-0.293	0.067
res_mean	→	BD_mean616	-0.156	0.084	-1.863	0.062	-0.320	0.008
res_mean	→	PR_mean1217	0.357	0.089	4.026	< .001	0.183	0.531
res_mean	→	P_mean1425	0.547	0.086	6.339	< .001	0.378	0.716
res_mean	→	H_mean1828	0.091	0.094	0.976	0.329	-0.092	0.275
res_mean	→	R_mean2227	0.029	0.094	0.309	0.757	-0.155	0.213
res_mean	→	A_mean2024	0.174	0.085	2.051	0.040	0.008	0.341

Note. Delta method standard errors, normal theory confidence intervals, ML estimator.

### Indirect effects

						95% Confidence Interval			
		Estimate	Std. Error	z-value	p	Lower	Upper		
res_mean	→	stress_mean →	SU_mean411	-0.148	0.052	-2.859	0.004	-0.250	-0.047
res_mean	→	stress_mean →	ES_mean515	-0.123	0.051	-2.390	0.017	-0.224	-0.022
res_mean	→	stress_mean →	IS_mean1023	-0.104	0.051	-2.050	0.040	-0.204	-0.005
res_mean	→	stress_mean →	BD_mean616	-0.248	0.052	-4.796	< .001	-0.350	-0.147
res_mean	→	stress_mean →	PR_mean1217	0.040	0.048	0.832	0.405	-0.055	0.135
res_mean	→	stress_mean →	P_mean1425	-0.074	0.047	-1.552	0.121	-0.167	0.019
res_mean	→	stress_mean →	H_mean1828	-0.007	0.051	-0.139	0.889	-0.107	0.093
res_mean	→	stress_mean →	R_mean2227	0.017	0.051	0.329	0.742	-0.083	0.117
res_mean	→	stress_mean →	A_mean2024	0.221	0.051	4.317	< .001	0.121	0.321

Note. Delta method standard errors, normal theory confidence intervals, ML estimator.

### Total effects

						95% Confidence Interval		
		Estimate	Std. Error	z-value	p	Lower	Upper	
res_mean	→	SU_mean411	-0.158	0.078	-2.015	0.044	-0.311	-0.004
res_mean	→	ES_mean515	-0.175	0.078	-2.244	0.025	-0.328	-0.022
res_mean	→	IS_mean1023	-0.217	0.078	-2.799	0.005	-0.369	-0.065
res_mean	→	BD_mean616	-0.404	0.074	-5.429	< .001	-0.550	-0.258
res_mean	→	PR_mean1217	0.398	0.075	5.331	< .001	0.251	0.544
res_mean	→	P_mean1425	0.473	0.073	6.502	< .001	0.330	0.616
res_mean	→	H_mean1828	0.084	0.079	1.073	0.283	-0.070	0.239
res_mean	→	R_mean2227	0.046	0.079	0.581	0.561	-0.109	0.200
res_mean	→	A_mean2024	0.395	0.075	5.295	< .001	0.249	0.542

Note. Delta method standard errors, normal theory confidence intervals, ML estimator.

SU=uso di sostanze; ES=supporto emozionale; IS=supporto strumentale; BD=disimpegno comportamentale; PR=ristrutturazione positiva; P= pianificazione; H=umorismo; R=religione; A=accettazione

## Ottimismo - STRESS - COPING

## Parameter estimates

### Direct effects

						95% Confidence Interval		
		Estimate	Std. Error	z-value	p	Lower	Upper	
ott_mean	→	SU_mean411	0.039	0.104	0.378	0.705	-0.164	0.242
ott_mean	→	ES_mean515	0.077	0.104	0.743	0.457	-0.126	0.281
ott_mean	→	IS_mean1023	0.054	0.104	0.516	0.606	-0.150	0.257
ott_mean	→	BD_mean616	0.015	0.095	0.159	0.873	-0.172	0.202
ott_mean	→	PR_mean1217	0.399	0.101	3.968	< .001	0.202	0.596
ott_mean	→	P_mean1425	0.436	0.102	4.296	< .001	0.237	0.635
ott_mean	→	H_mean1828	0.063	0.106	0.589	0.556	-0.146	0.271
ott_mean	→	R_mean2227	0.196	0.105	1.854	0.064	-0.011	0.402
ott_mean	→	A_mean2024	0.020	0.097	0.209	0.835	-0.170	0.210

Note. Delta method standard errors, normal theory confidence intervals, ML estimator.

### Indirect effects

								95% Confidence Interval		
				Estimate	Std. Error	z-value	p	Lower	Upper	
ott_mean	→	stress_mean	→	SU_mean411	-0.191	0.063	-3.036	0.002	-0.315	-0.068
ott_mean	→	stress_mean	→	ES_mean515	-0.190	0.063	-2.997	0.003	-0.313	-0.066
ott_mean	→	stress_mean	→	IS_mean1023	-0.181	0.063	-2.865	0.004	-0.304	-0.057
ott_mean	→	stress_mean	→	BD_mean616	-0.352	0.064	-5.491	< .001	-0.478	-0.226
ott_mean	→	stress_mean	→	PR_mean1217	0.035	0.059	0.586	0.558	-0.081	0.150
ott_mean	→	stress_mean	→	P_mean1425	-0.047	0.060	-0.780	0.435	-0.164	0.070
ott_mean	→	stress_mean	→	H_mean1828	0.002	0.062	0.032	0.975	-0.120	0.124
ott_mean	→	stress_mean	→	R_mean2227	-0.037	0.062	-0.604	0.546	-0.159	0.084
ott_mean	→	stress_mean	→	A_mean2024	0.314	0.063	4.953	< .001	0.190	0.438

Note. Delta method standard errors, normal theory confidence intervals, ML estimator.

### Total effects

						95% Confidence Interval		
		Estimate	Std. Error	z-value	p	Lower	Upper	
ott_mean	→	SU_mean411	-0.152	0.086	-1.781	0.075	-0.320	0.015
ott_mean	→	ES_mean515	-0.112	0.086	-1.309	0.190	-0.280	0.056
ott_mean	→	IS_mean1023	-0.127	0.086	-1.482	0.138	-0.295	0.041
ott_mean	→	BD_mean616	-0.337	0.083	-4.042	< .001	-0.500	-0.173
ott_mean	→	PR_mean1217	0.433	0.081	5.321	< .001	0.274	0.593
ott_mean	→	P_mean1425	0.390	0.082	4.733	< .001	0.228	0.551
ott_mean	→	H_mean1828	0.064	0.086	0.750	0.453	-0.104	0.233
ott_mean	→	R_mean2227	0.158	0.085	1.850	0.064	-0.009	0.326
ott_mean	→	A_mean2024	0.334	0.083	4.009	< .001	0.171	0.498

Note. Delta method standard errors, normal theory confidence intervals, ML estimator.

SU=uso di sostanze; ES=supporto emozionale; IS=supporto strumentale; BD=disimpegno comportamentale; PR=ristrutturazione positiva; P= pianificazione; H=umorismo; R=religione; A=accettazione

# Speranza - STRESS - COPING

## Parameter estimates

### Direct effects

							95% Confidence Interval	
			Estimate	Std. Error	z-value	p	Lower	Upper
Hope_mean	→	SU_mean411	0.015	0.160	0.096	0.923	-0.298	0.329
Hope_mean	→	ES_mean515	-0.012	0.161	-0.074	0.941	-0.327	0.303
Hope_mean	→	IS_mean1023	-0.123	0.160	-0.768	0.442	-0.438	0.191
Hope_mean	→	BD_mean616	-0.142	0.147	-0.966	0.334	-0.430	0.146
Hope_mean	→	PR_mean1217	0.481	0.157	3.063	0.002	0.173	0.790
Hope_mean	→	P_mean1425	1.083	0.147	7.365	< .001	0.795	1.372
Hope_mean	→	H_mean1828	-0.090	0.164	-0.551	0.582	-0.412	0.231
Hope_mean	→	R_mean2227	0.347	0.163	2.136	0.033	0.029	0.666
Hope_mean	→	A_mean2024	0.106	0.150	0.711	0.477	-0.187	0.400

Note. Delta method standard errors, normal theory confidence intervals, ML estimator.

### Indirect effects

								95% Confidence Interval		
				Estimate	Std. Error	z-value	p	Lower	Upper	
Hope_mean	→	stress_mean	→	SU_mean411	-0.241	0.080	-3.018	0.003	-0.398	-0.085
Hope_mean	→	stress_mean	→	ES_mean515	-0.215	0.079	-2.721	0.007	-0.370	-0.060
Hope_mean	→	stress_mean	→	IS_mean1023	-0.190	0.078	-2.437	0.015	-0.343	-0.037
Hope_mean	→	stress_mean	→	BD_mean616	-0.433	0.086	-5.005	< .001	-0.602	-0.263
Hope_mean	→	stress_mean	→	PR_mean1217	0.126	0.075	1.689	0.091	-0.020	0.272
Hope_mean	→	stress_mean	→	P_mean1425	-0.095	0.069	-1.372	0.170	-0.231	0.041
Hope_mean	→	stress_mean	→	H_mean1828	0.051	0.076	0.666	0.506	-0.099	0.201
Hope_mean	→	stress_mean	→	R_mean2227	-0.035	0.076	-0.462	0.644	-0.183	0.113
Hope_mean	→	stress_mean	→	A_mean2024	0.406	0.086	4.749	< .001	0.239	0.574

Note. Delta method standard errors, normal theory confidence intervals, ML estimator.

### Total effects

							95% Confidence Interval	
			Estimate	Std. Error	z-value	p	Lower	Upper
Hope_mean	→	SU_mean411	-0.226	0.145	-1.561	0.119	-0.509	0.058
Hope_mean	→	ES_mean515	-0.227	0.145	-1.570	0.116	-0.511	0.056
Hope_mean	→	IS_mean1023	-0.314	0.144	-2.177	0.029	-0.596	-0.031
Hope_mean	→	BD_mean616	-0.575	0.141	-4.089	< .001	-0.851	-0.299
Hope_mean	→	PR_mean1217	0.607	0.140	4.337	< .001	0.333	0.882
Hope_mean	→	P_mean1425	0.988	0.131	7.556	< .001	0.732	1.245
Hope_mean	→	H_mean1828	-0.039	0.145	-0.271	0.786	-0.324	0.246
Hope_mean	→	R_mean2227	0.312	0.144	2.168	0.030	0.030	0.595
Hope_mean	→	A_mean2024	0.512	0.142	3.618	< .001	0.235	0.790

Note. Delta method standard errors, normal theory confidence intervals, ML estimator.

SU=uso di sostanze; ES=supporto emozionale; IS=supporto strumentale; BD=disimpegno comportamentale; PR=ristrutturazione positiva; P= pianificazione; H=umorismo; R=religione; A=accettazione

# Autocompassione - STRESS - COPING

## Parameter estimates

### Direct effects

							95% Confidence Interval	
			Estimate	Std. Error	z-value	p	Lower	Upper
SelfComp_mean	→	SU_mean411	-0.025	0.106	-0.240	0.810	-0.233	0.182
SelfComp_mean	→	ES_mean515	0.057	0.106	0.533	0.594	-0.152	0.266
SelfComp_mean	→	IS_mean1023	-0.052	0.107	-0.488	0.626	-0.261	0.157
SelfComp_mean	→	BD_mean616	-0.153	0.097	-1.578	0.115	-0.344	0.037
SelfComp_mean	→	PR_mean1217	0.197	0.106	1.871	0.061	-0.009	0.404
SelfComp_mean	→	P_mean1425	0.422	0.104	4.039	< .001	0.217	0.627
SelfComp_mean	→	H_mean1828	0.146	0.108	1.350	0.177	-0.066	0.359
SelfComp_mean	→	R_mean2227	0.240	0.108	2.228	0.026	0.029	0.451
SelfComp_mean	→	A_mean2024	-0.065	0.099	-0.659	0.510	-0.260	0.129

Note. Delta method standard errors, normal theory confidence intervals, ML estimator.

### Indirect effects

								95% Confidence Interval		
				Estimate	Std. Error	z-value	p	Lower	Upper	
SelfComp_mean	→	stress_mean	→	SU_mean411	-0.171	0.062	-2.752	0.006	-0.292	-0.049
SelfComp_mean	→	stress_mean	→	ES_mean515	-0.182	0.063	-2.908	0.004	-0.305	-0.059
SelfComp_mean	→	stress_mean	→	IS_mean1023	-0.146	0.062	-2.372	0.018	-0.268	-0.025
SelfComp_mean	→	stress_mean	→	BD_mean616	-0.300	0.062	-4.853	< .001	-0.421	-0.179
SelfComp_mean	→	stress_mean	→	PR_mean1217	0.110	0.061	1.814	0.070	-0.009	0.228
SelfComp_mean	→	stress_mean	→	P_mean1425	-0.031	0.059	-0.518	0.604	-0.147	0.085
SelfComp_mean	→	stress_mean	→	H_mean1828	-0.023	0.061	-0.377	0.706	-0.143	0.097
SelfComp_mean	→	stress_mean	→	R_mean2227	-0.047	0.061	-0.764	0.445	-0.166	0.073
SelfComp_mean	→	stress_mean	→	A_mean2024	0.344	0.065	5.307	< .001	0.217	0.470

Note. Delta method standard errors, normal theory confidence intervals, ML estimator.

### Total effects

							95% Confidence Interval	
			Estimate	Std. Error	z-value	p	Lower	Upper
SelfComp_mean	→	SU_mean411	-0.196	0.089	-2.206	0.027	-0.371	-0.022
SelfComp_mean	→	ES_mean515	-0.125	0.089	-1.399	0.162	-0.301	0.050
SelfComp_mean	→	IS_mean1023	-0.198	0.089	-2.231	0.026	-0.373	-0.024
SelfComp_mean	→	BD_mean616	-0.453	0.085	-5.330	< .001	-0.620	-0.286
SelfComp_mean	→	PR_mean1217	0.307	0.088	3.505	< .001	0.135	0.479
SelfComp_mean	→	P_mean1425	0.391	0.086	4.539	< .001	0.222	0.561
SelfComp_mean	→	H_mean1828	0.123	0.089	1.377	0.168	-0.052	0.299
SelfComp_mean	→	R_mean2227	0.193	0.089	2.173	0.030	0.019	0.368
SelfComp_mean	→	A_mean2024	0.278	0.088	3.158	0.002	0.106	0.451

Note. Delta method standard errors, normal theory confidence intervals, ML estimator.

SU=uso di sostanze; ES=supporto emozionale; IS=supporto strumentale; BD=disimpegno comportamentale; PR=ristrutturazione positiva; P= pianificazione; H=umorismo; R=religione; A=accettazione



